



HOW CAN YOU SUPPORT POSITIVE BEHAVIOR AT HOME?

In order to create environments where your child can be successful, consider the recommendations below:

- ❑ Consistent behavior expectations and routines teach children how to behave and set them up for success.
- ❑ Focusing on positive behaviors creates an environment of connection and cooperation.
- ❑ [Tools to Teach: Helpful Tips for Parents](#) This document offers support for children and families to ensure social, emotional, academic, and behavioral success. Read this first.

BASIC SUPPORTS TO ENCOURAGE POSITIVE BEHAVIOR:

Basic Support	How to provide	Example
Create Basic Positive Behavior Expectations	Decide what behaviors you want to see Describe expectations (how they look, give examples)	Webinar of How to Use PBIS Framework Editable expectation matrix Blank expectation matrix template
Teach the Expected Behaviors	Show your child what you want Practice with your child Teach social-emotional skills	Teaching Expected Behaviors Social-Emotional Home Activities by Aperture Education Talking to Children About COVID-19 COVID-19 Guidance by AACAP
Create Routines	Schedules help build routines and consistency	Editable Schedule
Use Positive Feedback	Use 5 positive statements for one correction/negative statement	Tips for Using Positive Feedback at Home Parent Pointers Video by Parent Psych
Give Logical Consequences	Relate the consequence to the behavior Remember, discipline is to teach not to punish	Logical Consequences Article by Psychology Today

ADDITIONAL INFORMATION AND ASSISTANCE - SCHOOL CLIMATE SPECIALIST

Blaire Harrison blaire.harrison@sde.ok.gov
Heather Graham heather.graham@sde.ok.gov

Jenna Jones jenna.jones@sde.ok.gov
Amanda Sellers amanda.sellers@sde.ok.gov